

ABL CENTER PLT.

(Registered office)

18-07-08 Menara Greenview,
Halaman Tembaga,
11600, Penang, Malaysia.

(Training Venue)

828 Jalan Teluk Bahang,
11500 Penang, Malaysia.
Tel.: 04 8811106 (Penang).
Tel.: 03 3310 0229 (P.Jaya).



Tel.: 012 493 4833 E-mail: ablcentermy@gmail.com

ESCAPE Team Building Program. “TeamPLAY CHEMISTRY”



HRDC SBL KHAS APPROVED PROGRAM NO: 1000143019

Program title: TeamPLAY CHEMISTRY.

(A 100% claimable HRDC/PSMB's program)

PROGRAM DETAILS.

Program Title: TeamPLAY CHEMISTRY.

Duration: One (1) day.

Date: T.B.A.

Time: 9.00am – 5.00pm.

No of pax: T.B.A.

Venue: ABL TRAINING CENTER @ **ESCAPE THEME PARK @ PENANG/P.JAYA**).

Targeted participants: Managers, Executives, Rank & File staff, event players.

Language of delivery: English/ Bahasa Malaysia/Mandarin.

Trainer/ Facilitator: Mr. Daniel FB Chan & staff of ABL Center.

Certification award: Certificate of successful “TeamPLAY CHEMISTRY” program completion.

Course Fee: Refer to quotation.



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CONTENTS:

- 1) **TeamPLAY CHEMISTRY– Course overview.**
- 2) **Course objectives.**
- 3) **Training methodology.**
- 4) **Program details.**
- 5) **Program itinerary.**

TeamPLAY CHEMISTRY - PROGRAM OVERVIEW.

Course Overview.

“TeamPLAY CHEMISTRY” team building course is designed to help individual and teams to work together sharing a clear understanding of a targeted common goal. Participants are highly engaged throughout this course demanding everyone attention and input by exploiting their past experiences, knowledge, discussion, making mutually agreed decision & respect. Presentation of team building lessons will further reinforce participant knowledge on the subject. Participant will gain real time experiences with the opportunities to put in practice what they have learned in theory and implementing it during the practical teamwork session.



“TeamPLAY CHEMISTRY” program is targeted to help individual and team members to learn, recognizes and rediscovers the importance of team work. Often at work place conflicts, disagreements, suppression lead to disrespects, disassociation and dropping of team members. These unforeseen events led to low interest, low morale, low productivities, target short fall and team members becoming liability! To overcome this, the understanding of individual and team roles is of great important for building a successful team.

“TeamPLAY CHEMISTRY” program addresses the critical elements of team building that helps participants becoming a better team player in their respective roles and contribution, appreciate members contributions, enhance team performance, share vision & mission and collective decision making. Most importantly maintaining all team members in play and moving in tandem!



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Course objectives.

- Upon completion of this program, participants will have in-depth knowledge and practical experiences of team building covering these areas:
- Elements of team building in play: Support, encouragement, belonging, ownership, contribution, trust, mutual accountability, delivery, respect, creativity.
- Clear understanding of teamwork towards a shared targets/goal.
- Making collective and implementing vision and mission statement.
- Mindset paradigm shift from “I” to “our team”.
- Develop, implement and monitor team progress & performance.
- Resolve and respect differences of opinions.
- Effective communication, leadership, positive interaction decision making, increased self-confident.

Targeted Audience.



This team building course is designed to create awareness for organization/ team on the important of team work towards realization and building a progressive, sustainable & winning team! Participation by all members of an organization/ teams - across board is encouraged to reap maximum benefits of the program.

**** Director, G.Manager, Manager, Executive, H.O.Dept., Sales, Service, Supervisor, Support, Production staff, Rank & File.

Training Methodology Applied.

Our training methodology is based on adult-based learning principle – Andragogy. We implement well designed planning structures to ensure effective learning, retention and practice by participants. Our lessons are problem-solving oriented and ingrain career-relevant skills that leave a positive long-term impact in the workplace.

These skills ensure a quick grasp of fundamental principles and ensure a strong mental adaptation, vital to the workplace. The session presents multiple physical and mental challenges, adventures, skill developments and interaction among co-workers to cultivate a strong bond among team members. Our adventure-based program will include visual, physical and mental stimuli that will prove team Building via “TeamPLAY CHEMISTRY” the ultimate learning experience.



Learning made fun & memorable!

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TeamPLAY CHEMISTRY TEAM BUILDING COURSE ITINERARY - (ONE DAY PROGRAM).

Training duration breakdown: – 8 Hours (Inclusive of debrief - 4 Hours).

TIME	VENUE	PROGRAM AGENDA & DETAILS.	TRAINING ELEMENTS.
09.00	Indoor.	Registration/ Welcome/ Set training objectives. Ice breaking – Know your mate – Games.	<i>Warm up & putting participants at ease.</i>
10.00	Indoor.	Understanding the elements for team work in play. Collective target Vision & Mission for today. Shared goals - performance & accountability. Improves overall team performance.	<i>Theory on team building.</i>
11.00	Indoor.	Games - Gecko Climb.	<i>Actions, support, Contribution, Ownership. Share experiences. Q&A.</i>
11.30	Indoor.	Debrief	
12.00	Indoor.	Games – Attan Leap.	
12.30	Indoor.	Debrief.	<i>Courage, leadership, encouragement, trust. Share experiences. Q&A.</i>
01.00	Indoor.	Lunch.	
02.00	Indoor.	Games - Monkey Business.	<i>Team strategy, decision making, execution, monitoring, achievement & success.</i>
03.00	Indoor.	Debrief.	
04.00	Indoor.	Final Debrief. Recap training objectives. Identify training objective achieved. Sharing of experiences & review. Q & A. Closing & Certificate presentation.	<i>Overall game plan review. Group SWOT analysis. Skills acquired apply to work place/ office.</i>

TeamPLAY CHEMISTRY program is selected for its effectiveness by over 100 MMCs nationwide!

TELEKOM MALAYSIA, PETRONAS, INTEL, AIRASIA, MYDIN, FIRST SOLAR, B BARUN, BMW, PROTON, PRODUA, HARD ROCK HOTEL, EASTIN HOTEL, YTL POWER, TMJV KAWASARI, OPTIC BLAZERS, CONTINENTAL TYRE, LUXURY DESIGNER HAUS, CHOR MALAYSIA, FORMULA VENTURE, HAN CHAING UNI., AMIS UNI., INDIGO, CYBER SECURITY MALAYSIA, INSTITUT JANTUNG NEGARA, MPPP PENANG, NARESH GROUP, OMD,

empowering all business sectors within Malaysia towards a more productive results.