

## ABL Center PLT

GB-07 Paradigm Mall,  
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18-07-08 Menara Greenview  
Halaman Tembaga  
11600 Penang, Malaysia  
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## "Teamply Chemistry" Team Building Programme



**Programme Title: Teamply Chemistry** (A 100% Claimable PSMB's SBL program)

### Programme Details

Duration: One (1) day  
Date: T.B.A.  
Time: 9.00am – 5.00pm  
No of pax: T.B.A.  
Venue: **ABL TRAINING CENTER @ ESCAPE Petaling Jaya**  
Managers, Executives, Rank & File staff, Event Players  
Targeted participants: English/ Bahasa Malaysia  
Language of delivery: Mr. Daniel FB Chan & staff of ABL Center  
Trainer/ Facilitator: Refer to quotation  
Course Fee:

### Contents:

- Teamply Chemistry – Course Overview
- Course Objectives
- Target Audience
- Training Methodology
- Program Itinerary

### Teamply Chemistry – Course Overview

"Teamply Chemistry" team building course is designed to help individual and teams to work together sharing a clear understanding of a targeted common goal. Participants are highly engaged throughout this course demanding everyone's attention and input by exploiting their past experiences, knowledge, discussion, making mutually agreed decision & respect. Presentation of team building lessons will further reinforce participant knowledge on the subject. Participants will gain real-time experience with opportunities to put in practice what they have learned in theory during the practical teamwork session.

"Teamply Chemistry" programme is targeted to help individuals and team members to learn, recognise and rediscover the importance of team work. Often at the workplace conflicts, disagreements and suppression lead to disrespect, disassociation and dropping of team members. These unforeseen events lead to low interest, low morale, low productivity, target shortcomings and team members becoming a liability! To overcome this, the understanding of individual and team roles is of great importance to build a successful team.

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“Teamplay Chemistry” programme addresses the critical elements of team building that help participants become a better team player in their respective roles and contributions, appreciate members’ contributions, enhance team performance, share vision & mission and collective decision making. Above all, it maintains all team members in play and moving in tandem!



### Course Objectives

Upon completion of this program, participants will have in-depth knowledge and practical experiences of team building covering these areas:

- Elements of team building in play: support, encouragement, belonging, ownership, contribution, trust, mutual accountability, delivery, respect, creativity
- Clear understanding of teamwork towards a shared target/goal
- Making collective and implementing vision and mission statements
- Mindset paradigm shift from “I” to “our team”
- Develop, implement and monitor team progress & performance
- Resolve and respect differences of opinions
- Effective communication, leadership, positive interaction decision making, increased self-confidence

### Target Audience

This team building course is designed to create awareness for organization/ team on the important of team work towards realization and building a progressive, sustainable & winning team!

Participation by all members of an organization/ teams - across board is encouraged to reap maximum benefits of the program.

\*\*\*\* Director, G.Manager, Manager, Executive, H.O.Dept., Sales, Service, Supervisor, Support, Production staff, Rank & File.

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### Methodology Applied

Our training methodology is based on adult-based learning – Andragogy.

We implement well designed planning structures to ensure effective learning, retention and practice by participants. Our lessons are problem-solving oriented and ingrain career-relevant skills that leave a positive long-term impact in the workplace.

These skills ensure a quick grasp of fundamental principles and ensure a strong mental adaptation, vital to the workplace. The session presents multiple physical and mental challenges, adventures, skill developments and interaction among co-workers to cultivate a strong bond among team members. This program includes visual, physical, role play, group discussion and fun activities the ultimate learning experience.

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### Course Itinerary – One Day Programme

Training duration breakdown:

Indoor – 8 hours (Inclusive of debrief 3 hours)

#### DAY1 ITENERARY – TEAMPLAY CHEMISTRY

Venue: ESCAPE PARK, PENANG

Time	Session	Programme Agenda & Details	Training Elements
9:00am	Indoor	Registration/ Welcome/ Set training objectives. Ice breaking – Know your mate – Games.	Warm up & putting participants at ease
10:00am	Indoor	Understanding elements for teamwork in play Collective target vision & mission for today Shared goals - performance & accountability Improve overall team performance	Theory on team building
11:00am	Outdoor	Games - Gecko Tower	
11:30am	Indoor	Debrief	Actions, support, Contribution, Ownership Share experiences Q&A
12:00pm	Outdoor	Games – Atan’s Leap	
12:30pm	Indoor	Debrief	Courage, leadership, encouragement, trust Share experiences Q&A
1:00pm	Indoor	Lunch	
2:00pm	Outdoor	Games - Monkey Business	
3:00pm	Indoor	Debrief	Team strategy, decision making, execution, monitoring, achievement & success. Overall game plan review. Group SWOT analysis.
4.00pm	Indoor	Final Debrief Recap training objectives Identify training objective achieved Sharing of experience & review Q&A Closing & Certificate presentation	Skills acquired apply to work place/ office.

Certification award: Certificate of successful “Teamplay Chemistry” program completion.

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Teamplay Chemistry programme is selected for its effectiveness by over 100 MNCs nationwide!

Telekom Malaysia	Petronas	Intel	AirAsia	Mydin
First Solar	BBraun	BMW	Proton	Perodua
Hard Rock Hotel	Han Chiang University	YTL Power	TMJV Kasawari	Optic Blazers
Continental Tyres	Luxury Designer Haus	Chor Malaysia	Formula Venture	Indigo
AIMST University	Cybersecurity Malaysia	OMD	Eastin Hotel	MBPP
Naresh Group	Institut Jantung Negara			

...empowering all business sectors within Malaysia towards a more productive results.

